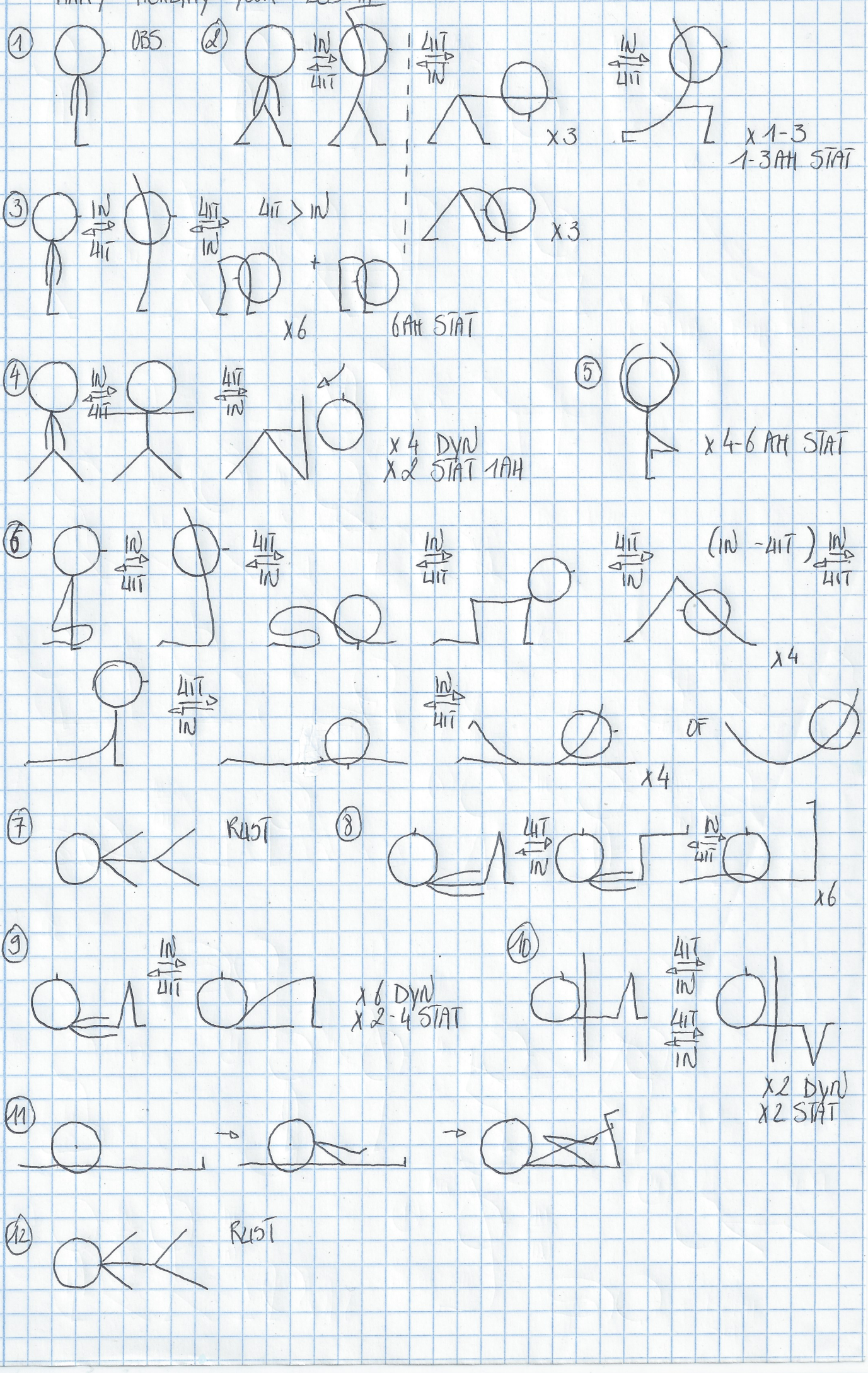HAPPY HEALTHY YOGA LES II